



NPO Number: 049066NPO
NFC Registration No. 2000/026390/08

Head Office or Zone
1 Constantia Boulevard
Constantia Kloof Ext 22, 1709

Postal Address: Private Bag X14, Weltevreden Park, 1715
Tel: 011 761 9000 **Email:** customerservice@sanbs.org.za
www.sanbs.org.za

This Heritage Day, help strengthen blood stocks and leave a lasting legacy

A SANBS and Round Table Southern Africa partnership has helped bring more than 600 new donors into the blood donation network

Johannesburg, 23 September 2026 – A new five-part docuseries, *Tafel Toure*, from Round Table Southern Africa takes viewers inside the community projects driven by its members across the country. One episode takes viewers to the SANBS donor centre in Welkom, where Round Table members see first-hand what happens when ordinary South Africans make the decision to give blood and why those donations matter to patients in need.

The episode comes at a critical time for South Africa's blood supply, with SANBS blood stock levels having declined below five days' cover. The blood service is urging eligible South Africans to donate and help replenish stocks, particularly as regular donations are essential to maintaining a safe and sufficient blood supply.

For Round Table member and regular blood donor Stephan Theunissen, giving blood has become part of how he contributes to his community. The documentary follows him at the SANBS donor centre in Welkom as he shares why he continues to donate and encourages others to do the same.

"Giving blood is one of the simplest ways we can make a difference in our communities. You may never know whose life your donation will touch, but knowing that something as simple as taking an hour out of your day could help someone in need is what keeps me coming back and encouraging others to donate too," says Theunissen.

Alongside Stephan's personal experience, SANBS Donor Relations Practitioner Bronwyn Petersen takes viewers beyond the donation chair, explaining who can donate and why different blood components are needed.

"O-negative can be given to anyone in an emergency, and plasma helps stop severe bleeding and stabilise patients in trauma. Together, they're often the first things a hospital reaches for when every second counts, which is why we always need more donors of both," says Bronwyn.

Viewers are taken through the donation process alongside the presenter, offering a behind-the-scenes look at what happens from the moment a donor arrives at the centre to the point where their donation becomes part of the blood supply.

sanbs.org.za
Toll free 0800 11 9031

Board of Directors: Executives: V Reddy (CEO), T Kgaghe (CFO), U Jentsch (Medical Director) **Non-Executives:** T Mokgatliha (Chairperson), F Burn, S Fakie, G Goolab, C Henry, S Kabane, G Leong, L Molefe, P Mthethwa, M Vaithilingum
Company Secretary: A Manduna
FRM-CEO-002
1001481 REV 38 (18/06/26)
Page 1 of 4

Universal Blood Type



Donates to Everyone

Receives from 

The episode also highlights the growing impact of the SANBS and Round Table Southern Africa partnership, which has contributed to more than 600 new donors and over 100 blood drives.

As South Africa marks Heritage Month, the partnership provides a powerful example of how community action and a shared commitment to giving back can create a lasting impact.

"Round Table Southern Africa has always believed that real impact starts when ordinary people choose to get involved. Our partnership with SANBS is a powerful example of that. Through *Tafel-Toere*, we hope to not only showcase what our members are doing in their communities, but also inspire more South Africans to put up their hands, donate blood and make a difference. One donation, one hour and one decision can ultimately help save a life," says Wessels Dreyer, incoming President of Round Table Southern Africa.

Monique Schreiner, Senior Manager: Donor Relations at the South African National Blood Service, says the partnership demonstrates how community-driven action can help strengthen the country's blood supply.

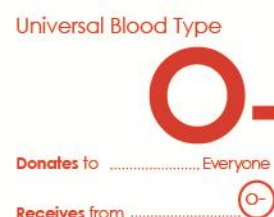
"We have fallen below five days' blood stock cover, and this is a critical reminder of why regular blood donation matters. Every day, patients across South Africa rely on blood and blood products for emergency care, surgery and ongoing medical treatment. Partnerships such as the one with Round Table Southern Africa help us reach new donors and show people the real impact of their decision to donate," says Schreiner.

She adds that the documentary offers viewers a behind-the-scenes look and builds greater understanding of the blood donation journey.

"Blood donation is a powerful example of how an individual act can have a far-reaching impact. Through this documentary, we have an opportunity to show people what happens behind the scenes and remind eligible South Africans that their decision to donate can help ensure blood is available when a patient needs it most."

For Round Table, the episode is an opportunity to encourage more young men to see blood donation as a simple but meaningful way to contribute to their communities. The call, however, extends beyond Round Table's membership, with eligible first-time, regular and lapsed donors all encouraged to play their part in maintaining South Africa's blood supply.

Watch the Round Table Southern Africa docuseries, *Tafel Toure*, and follow Stephan Theunissen and the SANBS team as they take viewers behind the scenes of blood donation.



For more information or to find your nearest donor centre or mobile blood drive, contact SANBS on **0800 11 90 31** or visit [SANBS](https://www.sanbs.org.za).

Be the Lifeline. Donate today.

Stay connected with SANBS on social media:

- X (@theSANBS),
- Facebook (@SANBS),
- Instagram (@thesanbs),
- TikTok (@thesanbs).

END.

ABOUT SANBS

The South African National Blood Service (SANBS) is an independent non-profit organisation and a leader in blood transfusion. SANBS operates in eight of the nine provinces in South Africa (excluding the Western Cape, which is served by the Western Cape Blood Service) and provides crucial support to countries in the SADC region.

The organisation prides itself on being the lifeblood of South Africa's healthcare system, providing over one million world-class blood products annually. This pedigree comes from world-class testing and collection protocols, ensuring a safe supply for patients. SANBS operates a vast network of donor centres, including more than 60 fixed centres and over 100 mobile collection sites daily.

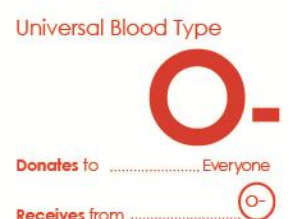
SANBS aims to collect 3,500 units of blood daily to ensure a safe and sufficient supply for South Africa's healthcare system. Regular donations are critical because a unit of blood lasts only 42 days. We encourage donors to commit to giving blood regularly, ensuring a continuous supply for those in need.

About Roundtable South Africa:

Round Table Southern Africa, exist to make impactful change in our communities and Southern Africa as a whole. We retain and grow our members, young men willing to give up their time, and skills to give back to those less fortunate. We Inspire, We grow, We transform lives, We disrupt, We engage, We CHANGE.

sanbs.org.za
Toll free 0800 11 9031

Board of Directors: Executives: V Reddy (CEO), T Kgage (CFO), U Jentsch (Medical Director) **Non-Executives:** T Mokgatla (Chairperson), F Burn, S Fakie, G Goolab, C Henry, S Kabane, G Leong, L Malefe, P Mthethwa, M Vaithilingum
Company Secretary: A Manduna
FRM-CEO-002
1001481 REV 38 (18/06/26)
Page 3 of 4



The best and most logical choice for any young man in Southern Africa that want to join a group of like minded men that want to give back, make a difference and inspire people in our towns, cities, provinces and countries.

There has never been a better time to put your hand up and be the difference you want to see in this world.

Round Table Southern Africa – Changing lives for the better, leaving impactful change and believing whole heartedly that we live in the best part of the World.

